

FREE Bikeability Cycling Courses Summer Holidays 2016

SUMMER
HOLIDAYS 2016



Croydon Arena

Albert Road SE25 4QL

Woodcote High School

Meadow Rise, Purley, Coulsdon CR5 2EH



Book online at

<http://bit.ly/croydonsh16>

Download info pack

<http://bit.ly/ctinfopack>

Contact us: info@cyclinginstructor.com

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www.cyclinginstructor.com



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Transport
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CROYDON
www.croydon.gov.uk

Bikeability

FREE Summer Holiday Cycling Courses

Cycle to school with confidence! These courses, aimed at School Year 5 (9 years old) and above, are designed to give trainees the skills needed to make a journey to and from school on quiet roads.

Level 1: Half day course, School Year 3 and above, off road only

Level 2: Two day course, School Year 5 and above

Level 3: One day course, School Year 6 and above if Level 2 completed

WOODCOTE HIGH SCHOOL

Meadow Rise, Purley, Coulsdon CR5 2EH

Level 1: 25 July, 9.30–11.30am

Level 1: 25 July, 12–2pm

Level 2: 26 & 27 July, 9.30am–2pm

Level 3: 28 July, 9.30am–2pm

CROYDON ARENA

Albert Road SE25 4QL

Level 1: 3 August, 9.30–11.30am

Level 1: 3 August, 12–2pm

Level 2: 27 & 28 July, 9.30am–2pm

Level 2: 24 & 25 August, 9.30am–2pm

Level 3: 29 July, 9.30am–2pm

Level 3: 26 August, 9.30am–2pm

Bicycles are available to borrow at Croydon Arena for Year 5 and above.

- All trainees must have a signed and completed consent form
- Trainees must have a roadworthy bicycle
- Helmets worn at parental discretion
- Hi Viz tops supplied
- Level 2 & 3 trainees leave the venue and go on road with the instructors
- All instructors are DBS checked
- Bikeability Certificates and Badges are awarded to trainees who successfully complete the course.